

When	Item	What this means	What this is for	Do I Need to Bring this?
<b>Any Outdoor Event</b>				
<b>Any Outdoor Event: Scout Essential #1</b>	<b>Pocket Knife</b>	Folding knives under 4" only	Cutting ropes and cord, opening items	Maybe. Until you have earned your Totin' Chip, it should be left at home.
<b>Any Outdoor Event: Scout Essential #2</b>	<b>First Aid Kit</b>	Bandages, Gloves, Antiseptic Wipes, Ointment	Minor scrapes	Yes
<b>Any Outdoor Event: Scout Essential #3</b>	<b>Extra Clothing</b>	Extra shirt, pants, underwear, socks, jacket, warm hat, gloves. Especially extra socks. Preferably wool or polyester and not cotton.	Something dry in case you get wet, something warm in case you gets cold. A fresh pair of clean dry socks is always needed right before bed. COTTON=WET and WET=COLD.	Yes, even in the summer, since tents can get cold at night.
<b>Any Outdoor Event: Scout Essential #4</b>	<b>Rain Gear</b>	Rain Coat or Poncho, Rain Pants, Pack Cover	Staying dry and warm even if it rains unexpectedly.	Yes, definitely a rain coat or poncho. Pack cover is critical if backpacking.
<b>Any Outdoor Event: Scout Essential #5</b>	<b>Water Bottle</b>	Personal bottle or bladder for backpack. Bring water purification as a backup in case there not potable water provided.	You need to drink water all the time to stay hydrated.	Yes, bring the container, and the Troop provides refills. Make note of water points in the area you will be.
<b>Any Outdoor Event: Scout Essential #6</b>	<b>Headlamp / Flashlight</b>	Headlamp or handheld flashlight, plus extra batteries	Moving around camp at night. A headlamp may be more useful as it is hands free.	Yes. A light source is always needed even if it is a planned day event in case of delays or for a signalling device.

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Any Outdoor Event: Scout Essential #7	Trail Food	A high calorie snack that doesn't need refrigeration, like trail mix, or crackers and beef jerky. On camping trips, the patrol grubmaster provides food for general meals unless you are advised otherwise. Generally you just need to bring a snack and not meals.	A quick source of energy while outdoors and a back up in case of emergency.	Yes. On camping trips, food should NEVER be stored in your tent.
Any Outdoor Event: Scout Essential #8	Matches / Fire Starters	Matches or lighter	Starting a fire, if designated firemaster, or in emergency.	Maybe. Until you have earned your Firem'n Chit, it should be left at home.
Any Outdoor Event: Scout Essential #9	Sun Protection	Long sleeves and pants and/or sunscreen, hat with brim, sunglasses	To prevent sunburn. When camping, we are exposed to more sunlight than usual.	Yes. Even in Winter, the sun can still cause sunburns!
Any Outdoor Event: Scout Essential #10	Map / Compass	Map and compass.	Hiking or navigating in an emergency.	Yes. Some remote locations do not have power or cell signals so GPS is not a substitute.
Any Outdoor Event: Recommended	Whistle	Whistle	In case of emergency. This is because a whistle sound carries much further than the human voice in case of emergency.	Yes.
Any Outdoor Event: Recommended	Day pack	Small lightweight backpack or fanny pack	Carrying above essentials on hikes and around camp	If available
Any Outdoor Event: Recommended	Hair ties	Rubber band style hair ties or hair clip	To hold hair back when making fire or general use on a hot day.	If you have long hair

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<b>Overnight Camping</b>				
<b>Overnight Camping: Required</b>	<b>Tent</b>	Tent suitable for camping alone, usually 1-2 person tent.	Provides rain and bug protection while sleeping.	Yes. Unless they have attended hammock training and prefer to hammock instead. Some locations do not have good trees so they may still want to bring a tent backup.
<b>Overnight Camping: Recommended</b>	<b>Ground cover</b>	Tent footprint or tarp close to the same size as bottom of tent. Too big is better than too small since extra can be folded under.	Protects tent from tearing on sharp rocks or sticks, increases water resistance of floor.	Yes
<b>Overnight Camping: Recommended</b>	<b>Sleeping pad</b>	Thin air mattress or foam pad, rated for at least 15 degrees below expected low temperature. No specific brand or model is recommended, but your family might like the choosing tool available on the ThermoRest website since it will help you get an idea of the different types of options available. <a href="https://www.thermarest.com/products/sleeping-pads">https://www.thermarest.com/products/sleeping-pads</a>	Provides insulation from cold ground below. This is primarily necessary for warmth, not for softness. A sleeping bag uses loft (or "fluffiness") to protect you from cold air, but because your body compresses it, it does not insulate you from the ground below. Therefore the sleeping pad is also critical.	Yes, unless you are hammock camping and bringing underquilt instead.

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<b>Overnight Camping: Recommended</b>	<b>Rope</b>	Paracord, 50 feet	Hangs tarps and other objects, fastens objects together	If available
<b>Overnight Camping: Recommended</b>	<b>Portable chair</b>	Lightweight folding chair	Sitting at campfire.	If available
<b>Overnight Camping: Required</b>	<b>Mess kit</b>	Plate, cup, fork and spoon, mesh bag.	Kit is for eating environmentally friendly meals; bag is for drying.	Yes
<b>Overnight Camping: Required</b>	<b>Closed toe shoes</b>	Tennis shoes or boots	Protecting feet on hikes and around camp.	Yes
<b>Overnight Camping: Recommended</b>	<b>Wool or Polypro Socks</b>	Wool or synthetic material socks, 1 pair per day plus separate pair for sleeping. No cotton! Cotton causes blisters by holding onto moisture and keeping your feet cold and promoting blisters.	Foot care. Wearing inside shoes will assist in preventing blisters and keeping your feet warm. A fresh pair of clean dry socks is always needed right before bed.	Yes
<b>Overnight Camping: Recommended</b>	<b>Insect repellent</b>	DEET or Picaridin products	Mosquito and other bug protection.	Yes, except in the winter.
<b>Overnight Camping: Recommended</b>	<b>Medications</b>	Any medications normally taken	Continue normal medications.	Yes. Coordinate these with adult leaders for secure storage.

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<b>Overnight Camping: Recommended</b>	<b>Personal toiletries</b>	Toiletries you normally use, for examples: toothbrush and toothpaste, washcloth, deoderant, feminine supplies, ear plugs, wet wipes, etc.	Continue normal personal care. We typically have running potable water, toilets, and trash receptacles. We often do not have a full bathroom with inside sink, mirror, or shower. Ear plugs can help a light sleeper rest at night.	Yes.
<b>Overnight Camping: Recommended</b>	<b>Slip on shoes</b>	Crocs or other slip ons	Slip on shoes are easier to take on and off when entering/exiting tent, which helps keep your tent clean	If available
<b>Overnight Camping: Recommended</b>	<b>Troop Uniform</b>	Tan field uniform or Activity uniform t shirt.	Tan field uniform is used for ceremonies. Activity uniform helps keep the troop together on hikes.	Maybe, depending on leader instructions for each trip.
<b>Overnight Camping: Recommended</b>	<b>Scoutbook</b>	Scout paperback handbook and writing tool	Scouts can get many requirements signed off during camping trips.	If available
<b>Overnight Camping: Recommended</b>	<b>Pillow</b>	Small pillow or inflatable pillow	Making head and neck more comfortable while sleeping.	Maybe, personal preference. Alternately, you can put clothes into a stuff sack to use.
<b>Overnight Camping: Recommended</b>	<b>Portable Power Bank</b>	Battery to store power for USB-style devices	Recharging phones, lights, air pumps, etc.	If available
<b>Overnight Camping: Recommended</b>	<b>Other</b>	Anything else a leader suggests for a particular trip	Some trips offer swimming or fishing or other special activities you may want to bring gear for.	If available

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<b>Camping in Cooler Temperatures.</b> * These items are typically needed every month except July and August.				
<b>Camping in Cooler Temps: Required</b>	<b>Sleeping bag</b>	Sleeping bag or quilt rated for at least 15 degrees below expected low temperature. If your sleeping bag is rated above the expected low temperature you can augment with blankets or quilts.	Sleeping warm. Provides insulation from cold air inside tent or hammock. (The tent/hammock does not provide warmth.) Warmth requirements vary from person to person. Also, there is not a universal rating system for the warmth ratings on sleep bags and quilts, and one manufacturer may use the survival rating while another manufacturer may use the comfortability rating.	Yes. Bring more than you think you need to stay warm.
<b>Camping in Cooler Temps: Recommended</b>	<b>Base layer</b>	The layer of clothing directly next to the skin - long underwear shirt, long underwear pants, and socks. Utilize synthetic/polyester materials or wool (not cotton) to wick moisture away from the skin.	Insulation layer to keep you dry which keeps your core body temperature in a safe temperature range.	Yes

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<b>Camping in Cooler Temps: Recommended</b>	<b>Insulating Clothing</b>	Warm jacket and pants to wear as middle layer, over long johns and under outerwear. Fleece or down are great choices.	This is to build layers to moderate body temperature. Dressing in layers makes it easier to moderate body temperature to adjust during the day and night as temperatures adjust	Yes
<b>Camping in Cooler Temps: Recommended</b>	<b>Sleeping clothes</b>	A separate set of clothes to specifically sleep in. Sleeping clothes are only for sleeping. Include: base layer synthetic wicking material shirt and pants, fleece pants, fleece overshirt or pullover, separate pair of wool or polypro socks.	We create perspiration during camp and this will cause lower body temperatures when sleeping. Changing to dry clothes before bed helps your sleeping bag keep you warm.	Yes
<b>Camping in Cooler Temps: Recommended</b>	<b>Beanie and Gloves or mittens</b>	Hat and gloves/mittens made of wool or synthetic material which fight moisture while preserving warmth.	The head and hands and other extremities are the first body parts to get cold. By protecting them, it will keep the rest of the body warmer.	yes

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<b>Camping in Warmer Temperatures</b>		<b>* Typically recommended for July and August.</b>		
<b>Camping in Warmer Temps: Recommended</b>	<b>Small battery powered fan</b>	Small rechargeable fan for your tent.	To keep air circulating when sleeping to keep you cool.	Optional
<b>Camping in Warmer Temps: Recommended</b>	<b>Sleeping bag liner or sheets</b>	Thin blanket or sheets. Nothing too heavy or warm unless it's just an extra layer that can easily be removed.	To help regulate your body temperature during the night.	Optional
<b>Camping in Warmer Temps: Recommended</b>	<b>Wicking material shirts and shorts</b>	Synthetic material clothing	This helps wick moisture away from the body and aids in the evaporation of perspiration and augments cooling. Cotton again is not a great choice since it holds moisture and can contribute to hypothermia even in warm temperatures.	Yes
<b>Camping in Warmer Temps: Recommended</b>	<b>Extra water</b>	Water is under the Any Outdoor Event. But warm temperatures warrant extra water.	Maintaining hydration	Yes
<b>Do Not Bring</b>				
<b>Do Not Bring</b>	<b>Restricted items</b>	Weapons, drugs or alcohol, fireworks, pets		No, not allowed.
<b>Do Not Bring</b>	<b>Valuables</b>	Expensive or sentimental items that cannot be replaced		No, they may be damaged or lost.